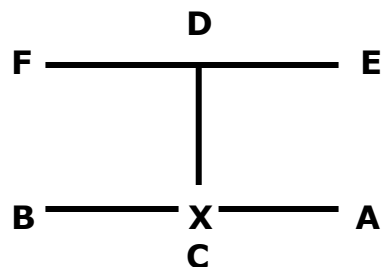


Fu-Pei: 1<sup>st</sup> DEGREE BLACK BELT

NEW BLOCKS: #2, #4, #6, #8  
NEW STRIKES: #1, #2, #3, #4, #5, #6, #7, #8, #9  
NEW KICKS: #2 Twist Kick  
NEW STANCES: Right escrima sparring stance



READY STANCE: Escrima ready stance.

1. Right foot steps back to right escrima sparring stance. **KIHAP**
2. Right foot steps forward to right front stance #1 strike.
3. No step. #4 strike to high section.
4. No step. #5 strike to mid section.

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5. Left foot steps forward into a right back stance #4 block.
6. Right inner crescent kick stepping into left back stance.
7. Right jump spin inner crescent kick landing in a left back stance.
8. No step. #5 strike to high section.

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9. Left foot steps counter clockwise to E into right back stance, left knifehand strike to high section.
10. Right foot steps to E into right front stance, #3 strike to high section.
11. No step. #4 strike to low section.
12. Left #2 round kick to E.
13. Right reverse side kick to E, landing in a right back stance facing F.

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14. Right foot steps to F into right front stance, #5 strike to mid section.
15. No step. Spin #6 strike to high section.
16. No step. #9 strike to groin.

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17. Double step forward into a right front stance butt strike to high section, hook around opponents neck.
18. Right foot steps to D into left knee stance, dragging down opponent #6 strike to floor.
19. Right side kick to C to low section.
20. In continuous motion right hook kick to C to low section.
21. In continuous motion right round kick to C to low section.

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22. Shift to a left knee stance facing C, #6 block.

23. No step. #9 strike to low section.
24. Left foot steps to C into right back stance #2 block.

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25. Right foot steps to C to right front stance #7 strike.
26. No step. #8 strike.
27. Left foot steps to C into right back stance. Right foot steps to C into right cat stance facing D right reinforced back stab to C. **KIHAP**

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28. Left foot steps to A into left front stance #6 block.
29. Right #2 twist kick to A landing in a right front stance.
30. No step. #1 strike.
31. Left foot steps to A to right front stance facing B, #2 strike.

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32. Left #2 round kick to high section to B, stepping into a right back stance.
33. Right reverse round kick to high section to B, landing in a right back stance facing A.
34. No step. Right back horizontal elbow to B.

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35. Left foot steps clockwise in a right front stance facing D, low #8 block.
36. No step. #3 strike to high section.
37. Left #2 round kick to D, landing in a right back stance.

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38. Right foot steps to D in a right front stance #1 strike.
39. No step. #4 strike to high section.
40. No step. #5 strike to mid section.
41. Right foot steps back to right escrima sparring stance. **KIHAP**.

END: Left foot steps back to ready stance.